Housing Channel

Title: Green Living in Estate: Clothing

VO We have generated a huge quantity of waste in HK

Household waste accounts for 40% of the total wasteload

Landfills are under tremendous pressure

Super MC: Macy Chan

Macy Just pay attention to the details in our daily life

We can help reducing waste and conserving resources

Super MC: Zac Kao

Zac Here are some green tips

on clothing, eating, living and transportation

Let's talk about clothing today

Super Buy new clothes only when necessary

Zac Before the new season comes, sort out old clothes

Buy new ones only when necessary

Macy Or try to mix and match

to avoid buying unnecessary new clothes

Super Give used clothes to people in need

Zac Donate unwanted clothes to the needy

through charity groups

This can help others and can avoid waste of resources

Super Reuse and recycle

Macy We can design and make new clothing from old clothes

Or cut old clothes into small pieces

To re-use them as wiping cloths

Zac Old bed-sheets and curtains can be

Used for making sofa or cushion covers

Macy Buy durable clothes

Choose clothes which are crease-resistant

And do not require ironing or dry cleaning

This will help to save energy

And to avoid environmental pollution

Super Choose clothes that are easy to care for and made from natural fibres

Zac Synthetic fibres contain plastics

which harms the environment

Cotton and linen clothes are more natural and comfortable

Super Use washing machine wisely to save water and power

Macy Use washing machine only when there's a full load of clothes

This will help to save water, power and detergent

Super Reduce the use of chemical detergents

Zac Baking soda has cleaning properties

and poses less damage to the environment

So try to replace detergent with soda

and do not use chemicals like softeners

Macy It's easy to lead a green life

And to help reducing waste and pollution

Zac For a healthier and better future

Let's give these simple practices a try

Reduce waste and save the Earth!