

Housing Channel

Title: Everybody has Their Own Way to Save Food

Super Cheung Ching Estate Mrs Lee

Mrs Lee Save food? We never waste it

While cheaper on average to buy

two catties of vegetables, there are only two of us in the household

It is wasteful to throw away unfinished food

Super A Smart Eco-friendly Consumer

Super Tai Hang Tung Estate Mr Wong

Mr Wong I also teach my children when our family eats out

Only order as much as they can eat

You will over order when your eyes are bigger than your stomach

and the table will be filled with unfinished food

It's a waste of food and money

Super An Eco-friendly Father who practices what he preaches

Super Nam Shan Estate Mrs Chan and her son

Mrs Chan' son My mother is a super chef

Even leftover soup ingredients can turn out tasty

so no need to throw away

Mrs Chan Lean pork used for soup can be shredded and stir fried in a wok

Add some soy sauce to taste and it becomes a delicious dish

Super A Neighbourhood Chef who knows how to utilise ingredients

Super Kai Tin Estate Ms Kwok

Ms Kwok It is easy to carry a small container
when eating out, so leftover food can be taken away
My father taught me that each and every grain of rice
in the bowl is the fruit of the toiling farmers

Super An Eco-friendly Office Lady who takes action

Super A billion people around the world go hungry
but one-third of the world's food is wasted every year

VO Food wastage is a very serious problem in Hong Kong
Over 3,000 tonnes of food waste is produced each day
Food waste accounts for one-third of
all municipal solid waste in Hong Kong
A large portion of food waste
actually can be avoided and not be thrown away

Super Friends of the Earth (HK)
Director – General Affairs
Mr Edwin Lau, MH

Edwin Lau If Hong Kong people continue wasting food resources
how many landfills and incinerators
will we need to handle our waste?

VO So we need to: “Put words into action. Save food.”

Super Everybody has their own way to save food

Tai Hang Tung Estate Mr Wong

Mr Wong I value food, so I will order just enough dishes

Super Nam Shan Estate Mrs Chan

Mrs Chan I value food

so we make good use of all ingredients when cooking

Super Kai Tin Estate Miss Kwok

Miss Kwon I value food, so I will take away leftovers

Super Cheung Ching Estate Mrs Lee

Mrs Li I value food, so it won't be wasted when I only buy what I need

Super Nam Shan Estate Mrs Chan's son

Mrs Chan's son Do you have any tips on how to save food?

VO Put words into action. Save food

Super Please support saving food
Save food. Treasure your good fortune