

Housing Channel Video

Title: Reduce Waste for a Better Future – Food Waste Reduction

Anchorman: Hello. Why did you attend the “Reduce Waste for a Better Future” competition?

Wife: Because our family strongly agree with in the theme of the competition – “Reduce Waste for a Better Future”

Chan: We believe that Hong Kong’s waste problem cannot be solved by solely relying on land filling. In the long run, we should take the initiative to reduce waste at source, cherish our resources, minimise wastage and waste generation.

Chung: That’s why our family has been carrying out a waste-reducing lifestyle.

Anchorman: What inspires you to have such a strong commitment to carry out a waste-reducing lifestyle?

Wife: I recall one day when I was preparing dinner, the consultation paper on “Municipal Solid Waste Charging Scheme” was mentioned on the radio programme. That night, we called for a family meeting to figure out the solutions. We came to the conclusion that there is an urgency to solve the waste problem by carrying out “Domestic Waste Reduction”, which means that we have to reduce our waste generation.

Chan: We decided to tackle the problem by focusing on 4 specific aspects including “Food Waste Reduction”, “Consumption Patterns”, “Recycling” and “Up-cycling”.

Anchorman: As we all know, food waste accounts for a large proportion of domestic waste. What advice would you suggest on food waste reduction?

Wife: To reduce food waste...

Wife: Instead of buying too much food, we would only buy what we need even though there is a big discount.

Chan: Besides, we would post a list of expiry dates of the food items on the fridge door and consume the food items accordingly to prevent any wastage.

Chung: Also, we can make good use of uncooked food waste to make enzyme. For example, my Mum and I would use fruit peels to make natural detergent. In the long run, we can buy less detergent, with fewer containers and less expenditure on detergent.

Wife: As a matter of fact, every family can use their creativity to reduce food waste and achieve the goal of domestic waste reduction.