

Housing Channel

Title: Healthy Ageing in Public Rental Housing Estates

Super	To show our care for elders and promote active ageing
	Oral Health Talk Dental officer from Department of Health
	Dental hygienists
	Teach elders how to clean their teeth
	Learning through games
	Home Visit The HKU School of Nursing Team
	Health Assessment
	Mobile Health Assessment Station Learn about Sarcopenia and how to prevent fall
	Health Assessment
	Body Fat Measuring
	Macular Degeneration Screening
	Blood Pressure Measuring
	Health Talk Research Assistant Professor, HKU School of Nursing
Nao	I am Nao I know Tai Chi! Let me show you!

Elder Nao is excellent!

Elder It's fun!

Elder Very good!

Professor Research Assistant Professor, HKU School of Nursing

Healthy Ageing in Public Rental Housing Estates

Professor Associate Professor, HKU School of Nursing

Healthy Ageing in Public Rental Housing Estates

See you next time!