

Housing Channel

Title: Happy Green Home

Super Presenter: Hebe Chan

Presenter The Housing Authority is committed to promoting greening in public housing estates

by carrying out the Landscape Improvement Programme through the Horticulture Unit

and encouraging residents to participate in greening activities

Living in a metropolis is always busy

are we having fewer opportunities to get in touch with the nature?

In fact, home greening can relieve our stress and make us feel revived as well

We have invited Mr. Mak from the Horticulture Unit of the Housing Department

to teach us how to bring nature into our home

Mr. Mak, what kinds of plants are suitable for growing at home?

Super Horticulture Unit, Housing Department
Mr. Mak Ho-tong

Mr. Mak Common indoor plants can be broadly divided into four categories, namely flowering plants, foliage plants, succulent plants, and fragrant plants

Super
flowering plants
foliage plants
succulent plants
fragrant plants

Presenter How should we take care of them?

Mr. Mak Most importantly, we have to understand the distinctive features of different types of plants, and provide them with adequate amount of moisture and nutrients
situate them in a place with good ventilation and sufficient illumination

and keep an eye on their physical conditions

Presenter Can you show us how to grow houseplants?

Mr. Mak Sure

Today, I would like to show you how to make this wheatgrass-headed doll

First, we need to prepare a watering can, a flower pot, potting soil and wheatgrass seeds

Put four-fifths of the soil in the flower pot

then put in the seeds

add the remaining soil

and water it

Then it's all set

The seeds will germinate in about three days

Remember to keep the soil moist

and put the pot in a place with natural light

and rotate it regularly

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watering can
flower pot
potting soil
wheatgrass seeds

Presenter

Wow! How amazing

to see the small seeds sprout and grow to such a height in
just a few days

Mr. Mak

Indeed! Different plants produce seeds in different shapes,
sizes, colours and patterns

You may try different seeds and grow your own plants

Through proper care

and a little creativity in mix and match

you can green and decorate your home with an array of
plants in a unique way

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Sunflower Seeds
Pumpkin Seeds
Cumin Seeds

Presenter

With these tips
growing houseplants might not sound that difficult

Everyone should give it a try