

Housing Channel

Title: Healthy Recipes for Elderly (Finale)

Super: Healthy Recipes for Elderly

Super: Candy Chea

Candy Chea: The short video series “Healthy Recipes for Elderly” presented by the Housing Authority and the Department of Health has now come to an end
To review or download the recipes you may visit the Housing Authority and Department of Health websites

Super: HA Channel on YouTube
<https://www.youtube.com/user/HKHousingAuthority>
Elderly Health Service, Department of Health
<https://www.elderly.gov.hk>

Candy Chea: The Housing Authority has also printed a limited edition of the recipes
Tenants who are interested may get a copy from your Estate Office on a first-come-first-served basis