



Safety & Health Alert No. 38/2021 Safety Message from Construction Industry Council – Prevent Heat Stroke and Other Health Problems in Hot Weather

Date: 4 June 2021 Our Ref. : HD(C)TS 4/49/26

The hot and humid summer weather in Hong Kong has arrived. Workers in the construction industry may have the opportunity to work in a hot and humid working environment, causing heat strokes or other health problems. The Construction Industry Council reminds every employer and employee to take measures to prevent heat stroke and other health problems caused by hot and humid weather.

Main contractors and/or subcontractors should take heed of weather report, especially when the very hot weather warning is issued, the UV index is high and the weather is humid, safety measures should be strengthened.

Workers in the construction industry should pay attention to their physical condition to avoid overwork. If you feel affected by heat stress, you should notify your colleagues and supervisors, take a rest and drink appropriate drinks as soon as possible.

The Council encourages all stakeholders to implement the Guidelines on Site Safety Measures for Working in Hot Weather and the leaflet Prevention of Heat Stroke at Work in a Hot Weather of Labour Department. For details, please refer to the website of the Construction Industry Council http://www.cic.hk/eng/main/safety-corner/safety-publications/guidelines/ and the Labour Department website https://www.labour.gov.hk/eng/public/content2_9.htm.

If you have any enquiries, please contact the Construction Industry Council on 2100 9000, or email: enquiry@cic.hk.

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