#### 2019年房委會工程和物業管理工地安全研討會

# 建構以人為本的關顧文化

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#### 首席顧問









## 可傳播的關顧文化











# 推動關顧文化的歷程



3-6 September 2017 Sands Expo and Convention Centre, Singapore

(1)17年9月 第21 屆世界工作場所 安全與衛生大會汲取經驗



(3) 18年3月 收集持份者對推 行關顧文化的意見





**(5)18年9月** 咨詢持份者將關顧文化計劃納入 房委會安全稽核系統的意見

(2)17年12月 進行關顧文化先導計劃





(4) 18年7月 房委會正式啟動關顧文化計劃



(6) 19年3月 推出房委會安全稽核系統 (屋宇維修保養和 改善工程) 1.2 版







# 建構以人為本的關顧文化 2身心健康推廣計劃



























建構以人為本的關顧文化











建構以人為本的關顧文化







施工前進行伸展運動 及傳遞安全信息

## 健身運動/健身操 由體適能教練教授 不同類型的健身運動





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#### 建構以人為本的關顧文化









只有少數人能做偉大的事情,但是每個人都可以用 崇高的愛去做平凡的事。

Few of us can do great things, but all of us can do small things with great love.

善良的話語可以很簡短,卻可以產生無盡的迴響。 Kind words can be short and easy to speak, but their echoes are truly endless.



Here is the footage of "Safety Forum 2019 for Works Contracts and Property Services Contracts" which was held on 3 July 2019 by the Hong Kong Housing Authority The Speaker is Dr. Winson Yeung Koon Chuen Principal Consultant of Occupational Safety and Health Council His topic is Cultivating a People - Centered Caring Culture Let us invite Principal Consultant of OSHC Dr Winson Yeung Koon Chuen to share with us Building a people oriented caring culture Dr Yeung, please Guests, friends from the industry Greetings On behalf of Occupational Safety and Health Council (OSHC) I wish to thank Housing Authority (HA) for the opportunity to work together to build a people oriented caring culture in one heart Just now, several speakers have shared how, in the past years to raise awareness of occupational safety and health we have worked with our hearts and made lots of efforts We see industrial accident rate per 1000 workers of the construction industry is on the declining trend But let us look again In the recent 10 years, the decline has slowed down This is worrying especially when many contractors have already set up a safety management system but if workers or staff

do not feel that the system is helpful to them

and their work attitudes and behaviour do not improve

accidents still happen

So, we support the promotion of HA Ways to build a people oriented caring culture is a very important direction for the industry Let us think, if we promote this culture will site management mode continue to change? About 20 years ago, through command or supervision Supervisors of the main contractors supervised the subcontractors In the recent 10 years, we have been changing Through training and guidance, we adopted small groups hoping that main contractor would partner with the subcontractors If we take one more step forward to build a people oriented caring culture We have to go deeper by way of care and concern and make the main contractor and subcontractors have more than a mere partnership relationship but the feeling of family with all caring about life and abide by occupational safety and health This is of utmost importance In fact, a caring culture can go far and wide Video please If you have noticed the worker in the video is the first to help people around him The young boy on the skate board falls carelessly The worker helps the boy to his feet Finally, when he is in need When he is thirsty, someone gives him a glass of water This is a caring culture When you take the initiative to help others others will help you too

This will gradually form a cycle Love will reach out A caring culture will be developed Having said that much, any real examples? What exactly is a caring culture? I have researched literature investigated how it is done in other countries I have found a very important element The word CARE goes hand in hand with this element The word CARE The first C is Concern The second A is Appreciation, that is to be thankful The 3rd is RESPECT, the 4th is EMPATHY Only if we can do these at work A little more care, a little more respect Appreciate people around us a little more Most important is empathy Put ourselves in other people's shoes a little more Understand others a little more See others' needs a little more Then we will build a caring culture I try to incorporate construction industry safety climate index survey into caring models Perhaps these actions of care are already happening in your workplace For example, C is care Does the company care about workers' safety? Will the management discuss safety measures with workers frequently? Regarding appreciation, does the company encourage workers to raise up safety improvement suggestions? Are workers commended for observing safety at work?

Do not take commendations lightly They mean lots to workers Then, it is Respect When the company undertakes risk assessment or sets up safety procedures does it seek workers' opinions? Does the company regularly make improvement accordingly? In fact, this is a cycle When your staff raises up an improvement suggestion and the company puts it into practice the staff will feel being taken seriously Gradually they will raise more ideas This is an important cycle of mutual respect Lastly, it is Empathy On the issue of safety, the management level and workers can communicate effectively Do not take it lightly but do see things from others' perspectives This is very important to build a caring culture HA was great for it hatched this idea Let us consider a simple experience Two years ago, there was a World Congress in Singapore The caring culture idea was raised Then HA coordinated contractors to pilot a caring culture scheme We organised several symposiums and collected stakeholders' opinions Eventually, with the promotion of HA We put the element of care into safety auditing system as a criterion Having mentioned that in putting a caring culture into practice what specific actions are needed? I discuss with some contractors and find that there are 6 very essential activities I will introduce them one by one First is "Good People Good Deeds" Scheme This is supported by many contractors For example, they organise Caring Awards Schemes Election of Safety Stars Every month, they elect the most helpful encouraging or caring staff members Put it simply when a worker sees another on a scaffolding without a safety harness he may remind him gently Just now, DD(DC) made it very clear By reminding each other a caring culture can be built gradually Peer influence is very important Also, the promotion of physical health and mental health is very important A worker with poor physical or mental health is likely to be at risk at work Many contractors organise many schemes such as medical check-ups for workers health talks, no smoking schemes heat stroke prevention activities in summer Some have done a great job Mr. Hung has lots of good examples Let us watch the video It calls "PAIRS" Let us implement by this chance PAIRS

The crux is initiatively to adjust our mindset with actively They are 5 elements I take the initial of those wordings Group as "PAIRS" The content is including Pay attention It means facing the problem and looking for the solution to educate the workman to pay attention to the surroundings to ensure safety Active to face the life challenge positively Always to keep the positive attitude We also have Safety Management Reward System and different kind of promotional health campaign to improve the positivity of safety and health to workman Interpersonal communications To build up a good communication through daily training of safety and health to make them to understand that the happiness is coming from safety The details of construction process are indispensable When the construction is harmonious The pressure is getting less We become more beautiful Relax To held more relax and positive promotional campaigns To improve the knowledge of health to workman and to face their daily life easily Smile To encourage the workman to understand Happy or not depending on mood

Happiness or not depending on attitude Trouble is because less smile Happy is because always smile Smile is easy It also is the birth right of all human beings To motivate workman to have real smile Everything from heart After seeing the video, we must remember to care about our workers Not only their physical health, but also their mental health Care Ambassador Program Our Chairman explained very clearly just now It is not OSHC, not CIC treating workers to a meal It is the foremen buying good food for workers and creating a relaxing mood among foremen and workers for good communication The commission of Care Ambassadors is very important too Peers reminders and influence can all build a caring culture Also, HA has a good suggestion It never crossed our mind It is a Caring Tree What is a Caring Tree? On the right, you can see before work every day, workers go to the tree and hang blessings and well wishes of their family members For example, on the right bottom corner children wishing to see their father home early happily to work, safely to home I asked some workers while chatting with them I asked some workers while chatting with them They remember clearly every word their family said to them The words keep them alert at work

and more careful, more risk-conscious Family makes a huge impact, physical fitness too Now, many contractors practise morning briefing of safe working cycle and do some stretching exercise to strengthen muscles and reduce risk of injury Also, at the bottom left corner contractors hire fitness coaches to teach workers fitness exercise More exercise, better health Like DD(DC) said, workers' health is very important Family activities help to promote work safety from the family perspective This in fact is very important At the bottom left corner it's family fun day With family participation, all proclaiming the caring culture At the top right corner Often in some prize giving ceremonies workers are encouraged to invite their families to be witnesses when they receive prizes It gives out a very important message that proper safety is endorsed by the family It is very important After launching this caring program how can its effectiveness be measured? We have produced Construction Industry Safety Climate Index Software to help contractors It is very convenient with a CD rom, a software Contractors can use it to assess whether this caring scheme has any impact on the staff whether they see the company's commitment The company is spending lots of resources

Is it effective? Is risky behaviour reduced? Is safety awareness enhanced? Are "individuals' participation" in safety items increased? Is attitude towards work safety among colleagues improved? The software can help to assess all these criteria Lastly, I want to stress the importance of a caring culture I believe in doing it with our hearts whether you put your heart to it the effect will be different When your heart is there, the work environment will be safer the staff will be happier, efficiency will be higher Lastly, I would borrow a quote from Mother Teresa "Few of us can do great things but all of us can do small things with great love." but all of us can do small things with great love." We will build a caring culture the effort of one man is not enough It takes us all to strive with one heart At work by care and respect appreciation, think from other's perspectives Then, in unity we will build a people oriented caring culture Then, in unity we will build a people oriented caring culture Thank you Thank you, Dr Yeung Please stay Dr Yeung will ask the audience a question Please put up your hand if you have the answer The right answer will receive a gift coupon

Dr Yeung, please ask your first question My question is very simple I have repeatedly mentioned very important elements of a caring culture that goes hand in hand with CARE Who knows the meaning of a letter in the word CARE? Who knows the meaning of a letter in the word CARE The friend in the back has raised his hand quickly Would a staff member hand him the microphone? Yes, the friend here Great His hand was up even before Dr. Yeung asked the question Respect is a part of CARE RESPECT Please give him a round of applause Congratulations You will get our gift coupon Again, thank you for your sharing, Dr. Yeung Thanks again, please be seated Right, besides R is for RESPECT We have to remember CARE C means Concern for workers A means Appreciation R is Respect, finally, E is Empathy We have to learn sympathy, enthusiasm communicate with our hearts and develop a mind of "All for me, Me for all" It is the feeling we got from the video We will build a positive cycle Our work environment will be safe and healthy, physically and mentally

will be safe and healthy, physically and mentally Thank you for watching